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File Type PDF Ace Personal Trainer Manual 4th Edition Chapter 2 Cathleen Kronemer is an NFPT CEC writer and a member of the NFPT Certification Council Board. Cathleen is an AFAA-Certified Group Exercise Instructor, NSCA-Certified Personal Trainer, ACE-Certified Health Coach, former competitive

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American Council on Exercise is the author of 'ACE Personal Trainer Manual: The Ultimate Resource for Fitness Professionals (Fourth Edition)' published 2010 under ISBN 9781890720292 and ISBN 1890720291.

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