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The Ayurvedic Body Types and Their Characteristics (Vata Pitta Kapha) by Nikhil K 7 years ago 4 minutes, 1 second 1,625,422 views Dr. Neelesh Korde explains the Ayurvedic classification of personalities in three different categories - the Vata, Pitta, and Kapha

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Ayurvedic Dosha Book Recommendation by Yoga Lifestyle with Melissa 6 years ago 3 minutes, 15 seconds 599 views Today's question comes from Crystal from the membership site: Hi Melissa, As far as I know I am a Pitta Kapha and this confuses

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How Is Ayurveda a Science Of Healing? Ask Deepak Chopra! by The Chopra Well 8 years ago 6 minutes, 25 seconds 34,718 views Description: Deepak, Chopra, is joined by Dr. Suhas Kshirsagar, an renowned ayurvedic doctor, to explore, ayurveda, as a science

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Richard Dawkins interviews Deepak Chopra (Enemies of Reason Uncut Interviews 6/10) by Bernardo Segura 7 years ago 22 minutes 1,521,937 views I hope you enjoy this!. Comments with respect please.

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??? ??? ! FIVE TIPS FOR VATA DOSHA BALANCING BY NITYANANDAM SHREE by Nityanandam Shree 2 years ago 12 minutes, 7 seconds 1,925,556 views In this video Nityanandam Shree explained about Vata, Dosha, Balancing Five Effective Tips and rules to Balance Vata, Dosha, and

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